



Northeast Center for Special Care Neurorehabilitation Intensive Program



The Neurorehabilitation Intensive Program is a rehabilitation program for persons who have survived any type of acquired brain injury

- The Neurorehabilitation Intensive Program (NRP) is designed to effectively address the complex combination of physical, cognitive, behavioral, and emotional consequences typical of brain injury.
- Individuals must have a medically documented acquired brain injury, be medically stable and in need of cognitive/behavioral/physical rehabilitation, with a projected discharge under one year.
- All levels of severity are accepted, including those in a coma or in a minimally conscious state.
- Referral of individuals with behavioral challenges is appropriate, as long as the individual is not a danger to self or to others.



The Neurorehabilitation Intensive Program consists of "Neighborhoods" within a Therapeutic Community

- We refer to our patients as "Neighbors" and to the living spaces as "Neighborhoods."
- All participants have access to the Northeast Center's 209,000 sq. ft. therapeutic community, including a Café, Bank, Post Office, Store, Hair Salon, Gym, Art Studio and more.
- The social environment of the NRP is actively managed by Neighborhood Counselors so that it provides a powerful "immersion" experience that maximizes alertness, mood stability, attention, orientation, memory, problem solving, physical, communication, and social skills



Each Neighborhood has its own Treatment Team

- Treatment Teams consist of an attending physician, cognitive-behavioral techs, community reentry specialist, a dietician, neighborhood counselors, neurobehavioral counselor, neuropsychologist, nurses, nursing assistants, nurse practitioner, occupational therapists, physical therapists, psychiatrist, social worker, special educators, speech-language pathologists, and therapeutic recreation specialists.
- All treatment is Doctor-reviewed and Doctor-ordered.
- The program is overseen by a medical director, brain injury program director, and director of nursing services.



Participants are assigned to one of three levels based on comprehensive assessment

- Each of the three levels differ in terms of the level of recovery of the participant, not "IQ"
- Level A promotes consciousness, attention, orientation, adaptation to a daily routine, and communication
- Level B is devoted to the development of specific cognitive and physical skills, establishing mood stability and positive social behaviors, education concerning the brain and brain injury, identification of personal strengths and weaknesses, and promoting the ability to self direct
- Level C is for developing community mobility, money management, and other "IADL" skills that lead to a pattern of regular community involvement
- Treatment goals at all levels address cognitive, behavioral, physical, social and emotional needs



The Program operates in 12 week "Quadmesters"

- A full schedule of all day therapeutic programs is provided by Art Therapy, Fine and Performing Arts, Music Therapy, Pet Therapy, Special Education, and Therapeutic Recreation, in addition to any needed Neuropsychology, Occupational, Physical, and Speech therapies
- QEEG (brain mapping), EEG biofeedback, EMDR (Eye Movement Desensitization and Re-processing), Neurobehavioral therapies are available upon referral



Treatment progress and the treatment plan are reviewed every 14 days with revision of the plan as needed

- Family involvement is strongly encouraged.
- Participation in the Family Education program is strongly recommended.



Discharge Planning is ongoing from the time of admission

- Discharge Planning includes application to the Home and Community Based Services Medicaid Waiver programs for individuals with traumatic brain injury through the New York State Department of Health or New York State Office of Mental Retardation and Developmental Disabilities (OMRDD) and continuous support through acceptance and placement by the Medicaid Waiver programs and/or other community support services.



Treatment goals are individualized and participants work to meet multiple goals.

An Interdisciplinary Treatment Team meets every fourteen days to review each individual's progress. The most important member of this Team is the individual her/himself.



Family members, social worker, case managers, discharge planners, physicians can make referrals to the Neurorehabilitation Intensive Program through our admissions office. We invite you to contact us:

1-800-922-7822 Toll-Free Admission Number
admission@northeastcenter.com E-mail



Northeast Center for Special Care

Rehabilitation Recovery Reentry

Take a virtual tour on the web:
<http://braininjury.northeastcenter.com>