



Information Bulletin

About the Neurorehabilitation Intensive Program at Northeast Center for Special Care

Recognized as a leader in brain injury rehabilitation, Northeast Center for Special Care is well known for achieving positive outcomes for our Resident-Neighbors. Over the years our talented staff has helped individuals with brain injury to re-learn and re-acquire skills that are necessary to live in the most integrated settings possible.

Our medical, therapeutic, fine and performing arts, physical fitness and wellness programs have assisted our Resident-Neighbors cognitively, physically, socially, emotionally and spiritually. Our program graduates are now living all over New York State and around the country in community settings, living and working, and reconnected with their communities, families, and friends once again.

What is the Neurorehabilitation Intensive Program Designed to do?

Our Neurorehabilitation Intensive Program was designed to incorporate our traditional and non-traditional modes of rehabilitation into a structured, intensive program of brain injury rehabilitation; focused on our mission of recovery and community reentry. All of this performed on-campus, in our stunning residential, state-of-art rehabilitation center.



Treatment goals are individualized and participants work to meet multiple goals.

The Neurorehabilitation Intensive Program is a sixty-bed program under the supervision of a highly trained and experienced management team consisting of a behavioral neuropsychologist, psychiatrist, brain injury program director, and registered nurse manager.

Who is the Neurorehabilitation Intensive Program intended for?

- Candidates are individuals who have had a brain injury who are medically stable and who require intensive cognitive, behavioral, executive functioning and physical rehabilitation.
- Candidates may or may not have received rehabilitation while in the hospital.
- Some may have returned to the Community after acute rehabilitation but experienced problems, typically as ongoing cognitive and/or behavioral difficulties. There are no time limits on when the initial injury occurred.

How Does the Neurorehabilitation Intensive Program at Northeast Center for Special Care Work?

An Interdisciplinary Treatment Team consisting of clinicians from the disciplines of psychiatry, neuropsychology, nursing, neurobehavioral counseling, assistive technology specialist, physical therapy, occupational therapy, speech therapy, social worker, community reentry specialist and others, conduct a comprehensive assessment upon admission. Once completed, a treatment plan is developed with the individual and family. The program is “person centered,” meaning that all treatment is focused on the individual’s personal life goals.

The treatment day consists of classes, group therapies, and individual therapies as indicated by the individualized plan. The treatment plan is reviewed every fourteen days and revised as needed.

The Interdisciplinary Treatment Team develops a plan of discharge within thirty days of admission.

The individual learns the Treatment Team process and that they are the most important member of their Team. They learn what the Team is, what it does, the role of the Team, who does what, how that applies to the person and how the individual works with his or her Team to accomplish their treatment goals.

What are the Treatment Components of the Program?

The program addresses the following areas: attention, mobility, communication, self-care, orientation, self-awareness, daily planning, brain anatomy and function, conflict resolution, disability education, self-advocacy, working with a treatment team, information management, problem solving, mood self-regulation, personal futures planning, community skills including money management, use of public transportation, advanced wheelchair training, development of leisure time interests, anger management, alcohol and substance abuse, return to school or work, relationship development, use of electronic assistive devices, family education, discharge planning, and orientation to community services.

The cognition of the individual is considered and program components are tailored to meet the abilities of the person. This is reassessed and revised as the individual improves.



An Interdisciplinary Treatment Team meets every fourteen days to review each individual's progress. The most important member of this Team is the individual him or herself.

What is the length of the program?

The Neurorehabilitation Intensive Program is a three to twelve month program. It operates in twelve-week cycles. Every twelve weeks the program is assessed and the program groups are revised. An individual may be admitted to the program at any time.

How do I Refer Someone to the Program?

Family members, social worker, case managers, discharge planners, physicians can make referrals to the Neurorehabilitation Intensive Program through our admissions office. We invite you to contact us:

1-800-922-7822 Toll-Free Admission Number

admission@northeastcenter.com E-mail

We are just an email or a phone call away!



Neurorehabilitation Intensive Program participants receive support to meet their individualized goals.

Meet Two of our Graduates

Thomas W.: "You guys have been great!"



Thomas W., (R) with Neurorehabilitation Intensive Program Neighborhood Counselor James Jones (L).

Prior to the summer of 2005, Thomas W. lived in an apartment with his daughter, just up the road from his mom and brother and worked construction until an accident brought the life he knew to a halt. Thomas says of his situation: "I didn't know if I was coming or going after the accident."

In July of 2005 he arrived at Northeast Center for Special Care to recover from the brain injury he sustained. An intensive, interdisciplinary program called the Neurorehabilitation Intensive Program guided his recovery. The program's design includes nurses, social workers, special educators, recreation specialists, neighborhood counselors, occupational therapists, physical therapists, and speech language pathologists working together with the individual in one-to-one and in group settings toward the removal of barriers to community re-integration. Thomas's connection to the group of individuals he recovered alongside in classroom settings is strong. He calls them, "...all good guys."

In addition to his peers, Neurorehabilitation Intensive Program Neighborhood Counselor James Jones is also a person with whom Thomas feels a strong bond. He also refers to Jones as, "...a good guy" and characterizes the rest of the staff by saying, "There's a lot of positive people here."

Of his recovery at Northeast Center for Special Care, Thomas says, "100%?, I don't know about that but I feel like I'm a lot better...a lot more with it."

Thomas is ready to figure out what it will take to return to work but mostly he's looking forward to returning to his community for the opportunity to be with his daughter.

His words of wisdoms for anyone recovering at Northeast Center for Special Care are: "Have patience. Go easy, they are here to help. Hang in there. Northeast Center will help you out."

Thomas graduated from the Neurorehabilitation Intensive Program and returned to his home in the community in November of 2005.

Timothy C.: "Getting back to normal."



Timothy C., with the Neurorehabilitation Intensive Program Team

Mr. Timothy C. was admitted to the Neurorehabilitation Intensive Program at Northeast Center for Special Care in March of 2005. He suffered an intracranial bleed in February of 2005, "...a Tuesday morning and I passed out in bed and all I can remember is bits and pieces" says Tim. Prior to his injury Tim was the manager of a restaurant and an avid motorcycle rider. His injury left him with the inability to carry out multiple daily life tasks many of us take for granted. He had to quit his job and spent several weeks in the hospital.

Tim arrived here on a Wednesday afternoon and "got settled," as he describes it. He immediately embarked on an intensive therapy course that included occupational, speech, and cognitive-behavioral therapy. Tim has regained the ability to carry out the many daily life tasks, he was unable to do due to his brain injury. He also works in two prevocational programs at Northeast Center for Special Care: the Main St. Café and the Neighborhood Store.

When asked about his success here at the Northeast Center for Special Care Tim states he appreciates, "Getting back to normal." Tim describes his special educators, occupational therapists, the groups and his interactions with others recovering at Northeast Center for Special Care as having been positive. Tim says, "It has been nice being here and the people are nice here."

Tim graduated from the Neurorehabilitation Intensive Program in January of 2006. He will spend a brief time in a transitional group home where he will continue to learn skills to live in the community after a brain injury. Tim told us that he plans "to get a job and my marriage back together."

For more information please visit us on the web:

<http://braininjury.northeastcenter.com>

Learn more about our full-range of programs and services and take a virtual tour.